

JANUARY PROGRAMME

We hope to see you at some of our creative arts events. If you need **help with a lift**, please see notes & contact details on the back page.

Tuesday 7th January

Creative Writing group – Sarah

Creative Space: **Andy (1)**

Birds – from observation to abstraction

Thursday 9th January

Self-help art group

Monday 13th January

Patchwork Group restarts

Tuesday 14th January

Creative Writing group – Sarah

Creative Space: **Andy (2)**

Birds – from observation to abstraction

Thursday 16th January

Self-help art group

Monday 20th January

Patchwork Group

Tuesday 21st January

Creative Writing group – Sarah

Creative Space: **Andy (3)**

Birds – from observation to abstraction

Thursday 23rd January

Self-help art group

Monday 27th January

Patchwork Group

Tuesday 28th January

Creative Writing group – Andy

Creative Space: **Andy**

Creative Catch-up

Thursday 30th January

Self-help art group

Bank House, St Ed. St

10.30am - 12.30pm

1.30pm – 3.30pm

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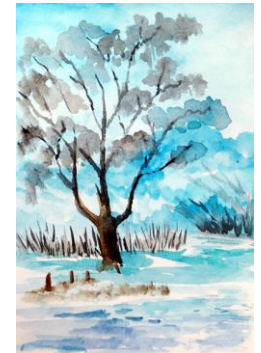
Christmas lunch

We enjoyed yet another festive meal at Tittesworth.



Recycled and handmade cards

Just a few of the colourful cards made in time for Christmas.



More Christmas wreaths

This time, made with natural materials.



Pam's 'stone caravan'

The writers visited Pam on a sunny day, to start working with her on a piece about trade unionism in Leek.



JANUARY PROGRAMME DETAILS

Our Home Base is currently supported by:

You

Borderland Voices is immensely grateful for individual donations, large and small, and for the regular contributions which participants make each week. Until we can bring in more grant money, your support is helping to keep our services going.

Creative Writing on Tuesday mornings is currently supported by the **Leek Town Lands Trust**. It's facilitated by various people. **Sarah** and **Andy** lead the January sessions. This very supportive group welcomes anyone interested in words.

Creative Space on Tuesday afternoon, again currently funded by the **Leek Town Lands Trust**, is a chance to experiment. **Andy** leads this month: 3 sessions looking at **traditional bird studies**, before moving towards **abstraction**. The final week will be a **catch-up session**.

A small **self-help, DIY art group** meets at BV on **Thursdays 10.30-12.30**. Either use BV materials or bring your own. Drinks & biscuits provided.



Contact details:

Bank House, 20 St Edward St
Leek, ST13 5DS

Phone **01538 528708**

Email: info@borderlandvoices.org.uk

Website: www.borderlandvoices.org.uk

Borderland Voices contact **Andy Collins**

Borderland Voices

21 years of arts for mental wellbeing



**The Queen's Award
for Voluntary Service**

Newsletter
JANUARY 2020

A HAPPY
NEW YEAR

Our festive meal was somewhat marred by our chairman, **Bob Foster**, being taken to hospital the previous weekend. Although he's now home, he will need an operation in the New Year, so we **wish him a speedy recovery**.

Otherwise, **Christmas lunch** at Tittesworth was good, as ever.

Self-help art group: Thurs 10.30-12.30. All welcome.

Writing group member **Dave** will shortly be working as a **voluntary peer educator** with **Staffordshire Police**. He will give talks in e.g. hostels about recreational drugs and their links to long-term mental health problems.

We thank **Leek Town Lands** for supporting writing and art.