

AUGUST PROGRAMME

We hope to see you at some of our creative arts events. If you need **help with a lift**, please see notes & contact details on the back page.

Mondays in August
Patchwork – no group till 3rd September
Bank House, St Ed. St

Tuesday 7th August
Creative Writing group – Sarah
 Creative Space: Andy
Catch-up
Bank House, St Ed. St
 10.30am - 12.30pm
 1.30pm – 3.30pm

Wednesday 8th August
Therapeutic colouring drop-in
 For anyone who finds a blank sheet of paper overwhelming
Bank House, St Ed. St
 1.30pm – 3.30pm

Tuesday 14th August
Creative Writing group – Sarah
 Creative Space: Rose, a SW Peak medley (1)
Well-dressing, Egyptology & deer parks
Bank House, St Ed. St
 10.30am - 12.30pm
 1.30pm – 3.30pm

Thursday 16th August
Therapeutic colouring drop-in
 For anyone who finds a blank sheet of paper overwhelming
Bank House, St Ed. St
 6.00pm – 8.00pm

Tuesday 21st August
Creative Writing group – Sarah
 Creative Space: Rose, a SW Peak medley (2)
Well-dressing, Egyptology & deer parks
Bank House, St Ed. St
 10.30am - 12.30pm
 1.30pm – 3.30pm

Tuesday 28th August
Creative Writing group – Sarah
 Creative Space: Rose, a SW Peak medley (3)
Well-dressing, Egyptology & deer parks
Bank House, St Ed. St
 10.30am - 12.30pm
 1.30pm – 3.30pm

For your diary:
Saturday 1st September
West End Family Fun Day
 Free family-friendly day, fun activities for all ages; BV will be there.
West End Rec, Leek
 1.00pm – 5.00pm



Dove Valley Centre visit

Another day of glorious weather exploring photography & pond/river mini-beasts & other creatures; we turned coloured drawings of these latter into 'shrinkles' using a special plastic which really shrinks in the oven.



Sponsored Abseil

What stars! BV's very own Richard & Zuleika, plus Jaz, & anchor-man Mark are approaching their £1,500 target – thanks all, so much.



Photography with Cathy

Self-portraits, portraits, landscapes, townscapes, still life, capturing movement – people experimented with a range of subjects & techniques.



AUGUST PROGRAMME DETAILS



SOUTH WEST PEAK
LANDSCAPE AT A CROSSROADS



LOTTERY FUNDED

Creative Writing (Tues. mornings) is now supported by the SW Peak Landscape Partnership. It's facilitated both by professional writers & BV participants but **Sarah** leads all four sessions this month. This very supportive group welcomes anyone interested in words.

Creative Space on Tuesday afternoon, again currently funded by the SW Peak Landscape Partnership, is a chance to experiment. We have three sessions with **Rose** (a fascinating SW Peak mix of **well-dressing, Egyptology & deer parks**) & a **catch-up (Andy)** a chance to collage with various photos taken with Cathy.

New this month: if a blank piece of paper terrifies you, **therapeutic colouring sessions** using pre-printed sheets.

BV Home Base supported by >>>



Contact details:

Bank House, 20 St Edward St
Leek, ST13 5DS

Phone 01538 528708
Email info@borderlandvoices.org.uk
Website www.borderlandvoices.org.uk
Borderland Voices contact **Andy Collins**

Leek Town Lands &



Local Community Fund



Borderland Voices

20 years of arts for mental wellbeing



**The Queen's Award
for Voluntary Service**

Newsletter
AUGUST 2018

Richard & Zuleika haven't quite reached their **sponsored abseil target of £1500**, but it's not too late to support them. **Online:** <https://make-a-donation.org/fundraisers/borderland-voices>; **cash:** to Andy.

Welcome back to **Rose** (who is now married). With her we'll be exploring new SW Peak themes, including the ancient tradition of **well-dressing; & Egyptology & deer** – both associated with **Lyme Park** (sorry no visit planned this time).

New this month: if a blank piece of paper terrifies you, using pre-printed sheets for **therapeutic colouring** is very restful. Two drop-in sessions (Wed 8th afternoon, Thurs 16th evening). All materials provided.

Patchwork group are on a summer break
restart **Mon 3rd Sept.**