

## MARCH PROGRAMME

We hope to see you at some of our creative arts events. If you need **help with a lift**, please see notes & contact details on the back page.

**Monday 4<sup>th</sup> March**  
**Patchwork Group**

**Bank House, St Ed. St**  
10.30am – 12.30pm

**Tuesday 5<sup>th</sup> March**  
**Creative Writing group – Cassie**  
Creative Space: **Cassie (6)**  
Creating a miniature **theatre**

**Bank House, St Ed. St**  
10.30am - 12.30pm  
1.30pm – 3.30pm

**Thursday 7<sup>th</sup> March**  
**Self-help art group**

**Bank House, St Ed. St**  
10.30am – 12.30pm

**Monday 11<sup>th</sup> March**  
**Patchwork Group**

**Bank House, St Ed. St**  
10.30am – 12.30pm

**Monday 11<sup>th</sup> March**  
**Future health services in N Staffs, Consultation**

**St Ed's School, ST13 8DN**  
7.00pm – 9.00pm

**Tuesday 12<sup>th</sup> March**  
**Creative Writing group – Cassie**  
Creative Space: **Cassie (7)**  
Creating a miniature **theatre**

**Bank House, St Ed. St**  
10.30am - 12.30pm  
1.30pm – 3.30pm

**Thursday 14<sup>th</sup> March**  
**Self-help art group**

**Bank House, St Ed. St**  
10.30am – 12.30pm

**Monday 18<sup>th</sup> March**  
**Patchwork Group**

**Bank House, St Ed. St**  
10.30am – 12.30pm

**Tuesday 19<sup>th</sup> March**  
**Creative Writing group – Cassie**  
Creative Space: **Cassie (8)**  
Creating a miniature **theatre**

**Bank House, St Ed. St**  
10.30am - 12.30pm  
1.30pm – 3.30pm

**Thursday 21<sup>st</sup> March**  
**Self-help art group**

**Bank House, St Ed. St**  
10.30am – 12.30pm

**Monday 25<sup>th</sup> March**  
**Patchwork Group**

**Bank House, St Ed. St**  
10.30am – 12.30pm

**Tuesday 26<sup>th</sup> March**  
**Creative Writing group – Cassie/Sheena**  
Creative Space: **Sheena - catch-up**

**Bank House, St Ed. St**  
10.30am - 12.30pm  
1.30pm – 3.30pm

**Thursday 28<sup>th</sup> March**  
**Self-help art group**

**Bank House, St Ed. St**  
10.30am – 12.30pm



### Art inspired by theatre

In the initial art sessions with Cassie, people explored the idea of masks: how different colours could convey different moods & masks could be matched to scenes & backgrounds. They also painted to music.



### Proposed photography group

Richard hopes to start on Wednesday 3 April (details on front cover). Let Andy know if you'd like to get involved.

## MARCH PROGRAMME DETAILS



**Creative Writing** (Tues. mornings) is supported by the sponsored abseil undertaken by Richard & co. It's facilitated by various people. **Cassie** & probably **Sheena** lead this month's sessions. This very supportive group welcomes anyone interested in words.

**Creative Space** on Tuesday afternoon, again currently funded by the efforts of the abseil team, is a chance to experiment. **Cassie**, our Derby university student, is helping people to design & build **mini-proscenium arch theatres** complete with scenery.

Continuing from 2018: a small **self-help, DIY art group** meets at BV on **Thursdays 10.30-12.30**. Either use BV materials or bring your own. Drinks & biscuits provided.

**BV Home Base** supported by >>>



### Contact details:

Bank House, 20 St Edward St  
Leek, ST13 5DS

**Phone** **01538 528708**

Email: [info@borderlandvoices.org.uk](mailto:info@borderlandvoices.org.uk)

Website: [www.borderlandvoices.org.uk](http://www.borderlandvoices.org.uk)

Borderland Voices contact **Andy Collins**



Staffordshire  
Provincial Grand Lodge



# Borderland Voices

21 years of arts for mental wellbeing



**The Queen's Award  
for Voluntary Service**

Newsletter  
MARCH 2019

Advance notice. **Richard** intends to restart his **photography group** on **Wed, 3<sup>rd</sup> April, 2-4pm**. Viability & frequency will depend on support & attendance. The 1<sup>st</sup> session will deal with theory of **composition, exposure & basics of camera settings**. It's not essential, but bring your **camera if you have one**, plus **instruction manual**, if available. **Camera phones** can also be used to good effect.

Self-help **DIY art group** continues **Thursdays 10.30-12.30. All welcome.**

**Cassie**, our Derby Uni. Creative Expressive Therapies student leads **all writing & art sessions** until the end of March, when her 3-month placement ends. We're enjoying her input.

**Future of local health services in N Staffs, Consultation Mon 11 March, 7-9pm**, St Edward's Academy, Westwood Road, Leek, ST13 8DN. Ring **01782 298002 to book a.s.a.p.**